




COURSE MAP



Schedule
 8:00am - Course marshals to assigned post
 8:30am - USATF Certified 5K Race Start
 10:00am - 5K Walk Start (shortcuts available)
 12:15pm - Course marshals may leave post

Course Logistics
Start/Finish: Long Branch Promenade, opposite of Rooney's Restaurant Parking Lot
Mile 1 (M1): Heading south on Ocean Avenue, south of N. Bath Avenue
Mile 2 (M2): Heading north on Boardwalk, north of S. Bath Avenue
Mile 3 (M3): Heading north on Long Branch Promenade, across from Whitman Terrace parking lot entrance.

*The race starts and finishes on the Long Branch Promenade. After the start the runners will exit the Promenade onto Ocean Ave at the ramp just past Sirena Ristorante. Runners will re-enter the Boardwalk from Ocean Ave on the return, at the handicap ramp leading from the south-east corner of Avery Ave and Ocean Ave.

-  Course Route
-  Water Station
-  Mile Marker